LOTS OF INFORMATION!

All the Parent Information Nights for Years 6, 8 and 10 have been held over the past fortnight. They were all very well attended but parents who were unable to attend can obtain the information by contacting the relevant year adviser at school – Mrs Bec Smith (Year 8) and Mr Channon (Year 10). The subject selection process has been explained to students and parents and selection sheets are due in shortly. The school offers a very broad curriculum and exceptional learning opportunities for all. Mr Lord and Mrs Partridge are the contact people for Year 6 enrolments.

Our school always encourages parent involvement and participation in different ways and research shows that student attendance and learning outcomes are enhanced if parents and families are involved with their school. Because of our commitment to this, Mrs Rebecca Lewis has been appointed to the new position of Parent and Community Contact Officer (PCLO) one day a week for the rest of the year. Mrs Lewis is a temporary teacher in our science faculty.

Because of the interest from the P&C in involving more parents, a short survey has been designed and is available on our Skoolbag App. Mrs Lewis, the PCLO, will be collating the input and feedback from parents. Some parents have already expressed a desire to be involved in an interest group to improve two-way communication between home and school. Please contact me or Bec Lewis if you would like some input into this area, as a meeting will be held shortly.

One of our parents, Mary Westhorpe, is keen to organise school beautification projects and her plant “stall” was a sell-out with Year 10 parents. More plants will be available to purchase on the Parent/Teacher Nights (28th August and 2nd September) and Mary has started a list of parents willing to plant and garden. The first area to be beautified will be the Butler Street entrance with plants and perhaps a mural. If you would like to assist with this please contact Bec Lewis at school on 6776 7466.

Anne Matley
Principal

New PCLO at AHS

Hi, I’m Rebecca Lewis, often known as Bec. I am the new Parent and Community Liaison Officer for Armidale High School. I may already teach your child Mathematics, Science, Food Technology or Exploring Early Childhood. As the PCLO I am keen to increase caregiver and community participation and involvement within the school community. So if you have some spare time to help out or talents you can share with our school please get in touch with me. Either via phone 02 6772 7410 or email rebecca.lewis58@det.nsw.edu.au.

I am also updating the communication pathways between the school and yourself. So please, if you have changed your phone number, email address or postal address, send a note with your new details to the office and we can get these updated.

Thank you for your time; I look forward to working with you in the future.
P & C News

Getting involved in your child's school can be a rewarding experience. There are many types of school activities and parents/caregivers are always welcome to participate.

Joining the P&C Association is a great way to keep informed, to contribute to the quality education of your children and to make new friends. Your contribution can be as large or small as you can manage, but your continued support of the P&C Association is invaluable.

Not only will you be supporting the school community, you can learn new skills, and gain a clear understanding of how the school operates. This is a great opportunity to share in the school’s decision-making process and shape the future. Please come along to the P & C meeting on 19th August at 7pm at the bowling club.

North West Athletics

Armidale High students achieved excellent results at the North West Athletics Carnival in Tamworth recently.

Pictured are Colinya Chatfield (1st in the javelin), Natasha Favotto (1st 800m, 1st 1500m), Melanie Brash (1st 800m, 1st 1500m), Henry Sindel (1st 800m) and Amber Burton (1st 200m) who will compete at the Combined High Schools Carnival in Sydney.

Absent for the photo but also off to Sydney are James Briggs (2nd 100m, 1st high jump with a record) and Ryan Shaw (1st discus, 1st shot put.

Year 7/8 Debating

Armidale High's year 7-8 debating team of Riley Doak, Jesse Streeting, Annie Worthing and Rhoie Collins (Team Adviser) successfully presented the negative in a recent debate with Duval High that junk-food advertising should be banned.

NSW SCHOOL VACCINATION PROGRAM 2014

School vaccination clinics continue into Terms 3 & 4. The next clinic at AHS is the 9th October.

WHAT IF MY CHILD HAS MISSED A VACCINE

If your child has missed any vaccinations they will be offered any missed doses at the next clinics at their school.

WHAT IF MY CHILD HAS NOT RECEIVED ALL HPV VACCINES BEFORE THE END OF 2014.

Any year 7 student will be caught up for HPV only in 2015. Any Year 9 boy who has not received all 3 doses of HPV can attend their local doctor to receive any missed doses.

Additionally – any year 8 student who commenced HPV vaccination while in year 7 and are yet to finish all 3 doses (and who has not received any from their local doctor) can still receive these at the next clinic at their school.

Don’t forget a Record of Vaccination is given to each student for each vaccination. Parents/guardians should ensure that this record is kept for future
reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

Any questions, visit the NSW Ministry of Health website at:


Measles Catch-up Campaign

You may have heard through a media campaign about the school based measles catch-up program due to the recent measles outbreaks in NSW. Details are at:


Due to high measles coverage rates in the Hunter New England Local Health District not all schools will be participating in this school catch-up campaign. However if your child’s school is not participating in the measles program and your child needs vaccination, you can take your child to their doctor to receive free MMR vaccine (you may be charged for the consultation).

To check if your child has received two doses of MMR:

- Look in your child’s Blue Book for a record of two doses of ‘MMR vaccine’ or ‘Priorix vaccine’ OR
- Check with your child’s doctor

Gymnastics

This week saw Ebony Taylor join a team of gymnasts from around the North West region to compete at the CHS Gymnastics championships held in Newcastle. There were three competitions: Men’s Artistic, Woman’s Artistic and Rhythmic Gymnastics held over 2 days.

Ebony competed in the Rhythmic Gymnastics competition. It is a form of gymnastics emphasizing dance-like gymnastic routines, enhanced by the use of equipment including ball, rope, hoop, clubs and ribbon.

Ebony gained two 2nd places (Rope and Ball) and a 5th place in Hoop. Overall, Ebony came 1st in the state for Division D. The North West team came first.

Under 15 Boys State Cross Country Team

Congratulations to the under 15 state Cross Country boys from Armidale High who travelled to Eastern creek in first term to compete. All of the boys ran really well against a very competitive team of state runners with Tom Smith coming 58th out of 108 runners.
Job Seeker skills

JOB SKILLS

- APPLICATION DEVELOPMENT
  What are employment panels looking for and how do you prepare quality job applications.

- INTERVIEW SKILLS
  How to be prepared for interviews and how to answer questions effectively and confidently.

- WHEN
  Attend one of two workshops on the 14th or 15th of August 2014 at SEC Armidale

- CONTACT
  Freddy Waters
  Career Recruitment Officer
  Aboriginal Employment Strategy
  M: 0447145326
  E: freddy.waters@aes.org.au

INFORMATION SESSIONS TO HELP PREPARE YOU TO GET THAT JOB

Establish clear outcomes for writing your application and for yourself regarding a future position.
Gaining an understanding of how to make yourself stand out from the crowd.
Understand the fundamentals for:
The Application Letter, Your CV or Your Resume, Addressing Selection Criteria

Further develop your skills that will increase the odds of a successful interview.
Gain a greater understanding of techniques that are widely used to assist in reducing some of the stress associated with interviews.

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[Images of logos for various organizations]